**TERM 4**

**Summative assessment tasks for the 7th grade**

**Summative assessment for the unit “Healthy Habits”**

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| **Learning objectives** | 7.L4 understand with little support some of the implied meaning in extended talk on a limited range of general and curricular topics **7**.W5 develop with some support coherent arguments supported when necessary by examples and reasons for a limited range of written genres in familiar general and curricular topics  |
| **Assessment criteria** | * Identify facts and details in extended talks with little support
* Write coherent paragraphs supported with arguments and reasons

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| **Level of thinking skills** | Knowledge and comprehension Higher order thinking skills  |
| **Duration** | 20 minutes |

**Listening**

**Task 1.** *Listen to the conversation twice and answer the questions. Give a short answer as in example.*

(*Go to the following link to listen to the* conversation*:* [*https://learnenglishteens.britishcouncil.org/skills/listening/beginner-a1-listening/good-nights-sleep*](https://learnenglishteens.britishcouncil.org/skills/listening/beginner-a1-listening/good-nights-sleep)*)*

*Example: 0. At what time is it important to sleep well? At exam time*

1. What this conversation is about? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. Who is the guest in the studio? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. How many tips did Dr. Baker give? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Task 2.** *Choose the right variant.*

4. It is not very good to … before bedtime.

1. relax;
2. go for a walk;
3. watch TV;
4. play low music.

5. If your brain is … you can’t get to sleep for a long time.

1. too busy;
2. too big;
3. too noisy;
4. too loud.

6. Before going to sleep you shouldn’t … .

1. turn off your mobile phone;
2. play video games;
3. drink warm milk;
4. listen to the low music.

**Writing**

**Task 3.** *Read the part of an email from your friend Daniel*.

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| ***From:*** *Daniel* |
| ***To:***  |
| *I eat lots of junk food during my school hours. My mum says that I spend all my time playing Computer games or chatting with my friends. But I don’t really like sport.**What should I do?* |

Give some advice to your friend writing an informal email (80-100 words).

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| **Assessment criteria** | **Task №** | **Descriptor** | **Mark** |
| ***A learner***  |
| Identify facts and details in extended talks with little support  | 1 | 1. answers for the 1st question *possible answer: about a night’s sleep, good sleeping;* | 1 |
| 2. answers for the 2nd question *possible answer: Dr. Baker, Doctor;* | 1 |
| 3. answers for the 3rd question *possible answer: 5 or five;* | 1 |
| 2 | 4. Chooses C; | 1 |
| 5. Chooses A; | 1 |
| 6. Chooses B; | 1 |
| Write coherent paragraphs supported with arguments and reasons | 3 | follows the structure of an informal email; | 1 |
| uses topic related vocabulary correctly; | 1 |
| gives appropriate advice / reasons on topic;  | 1 |
| provides grammatically correct sentences;  | 1 |
| writes coherent paragraph. | 1 |
| **Total marks**  | **11** |

**Rubrics for providing information to parents on the results of Summative Assessment for the unit “Healthy Habits”**

**Learner’s name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

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| **Assessment** **criteria** | **Level of learning achievements** |
| **Low** | **Middle** | **High** |
| Identify facts and details in extended talks with little support  | Experiences challenges in identifying the content of the conversation. Feels great troubles in answering the questions correctly and choosing the right variant. | Makes mistakes in identifying the content of the conversation. Feels troubles in answering the questions correctly (*1. about a night’s sleep, good sleeping; 2. Dr. Baker, Doctor; 3. 5 or five*) and choosing the right variant (*4. C; 5. A; 6. B*). | Confidently identifies the content of the conversation. Answers the questions and chooses the right variant correctly. |
| Write coherent paragraphs supported with arguments and reasons | Experiences challenges in writing supported arguments with giving of advice and examples. Feels great troubles in following the structure of an informal email.Feels great troubles in using topic related vocabulary correctly. | Makes mistakes in writing supported arguments with advice and examples. The written paragraphs in email are understandable for the reader. Feels troubles in writing coherent paragraphs using topic related vocabulary correctly and providing grammatically correct sentences. | Confidently writes supported arguments with advice and examples. The main idea of the written work is clear. Writes coherent paragraphs. Uses topic related vocabulary correctly and provides grammatically correct sentences. |

Transcript for **A good night’s sleep**

**Host:** At exam time it is important to sleep well. Today we have Doctor Baker with us in the studio and he is going to give us five top tips for getting a good night’s sleep. Welcome to the show, Doctor Baker.

**Dr Baker:** Thank you. It’s great to be here. Let’s start with tip one. Don’t go to bed with the television on. Some people think they can sleep well with the TV on, but the noise and lights mean you don’t really sleep well, so turn it off!

Tip two: Don’t think too much before bedtime. Do your hardest homework earlier in the evening. Do easier homework later. If your brain is too busy and full of ideas it takes longer to get to sleep.

Tip three: Don’t play video games for an hour before you go to sleep. They also make your brain too busy and active.

Tip four: Turn off your cell phone when you go to bed. What is so important that it can’t wait until the morning? If possible, leave your phone in another room.

Tip five: Play music if you like. But don’t play it too loud. Turn the sound down low.

**Host:** Thank you, Doctor. That is very useful advice for our young listeners.